

## Youth Football Camp

### Date:

**Session One:** Ages 10-13 (entering 5<sup>th</sup>, 6<sup>th</sup> or 7<sup>th</sup> Grade)

Session 1 Dates: July 20<sup>th</sup> – July 23<sup>rd</sup>

8:30 am - 12:00pm

**Session Two:** Ages 14-15-16 (entering 8<sup>th</sup>, 9<sup>th</sup> or 10<sup>th</sup> Grade)

Session 2 Dates: July 27<sup>th</sup> – July 30<sup>th</sup>

8:30 am - 12:00pm



**Cost:** \$70 per session if received by July 15th. \$75 per session if received after July 15th. (Please call if you are concerned about the fee. We do not want the fee to stop your participation.)

**Location:** Cretin-Derham Hall football field, on the south side of the CDH campus.

**Instructor:** Camp will be led by members of the CDH Football staff, current and former CDH players and visiting celebrity coaches.

### Format:

- Each session provides fundamentals in the game of football for boys and girls taught by the CDH football staff and special guest coaches.
- The camp offers 4 days of individual technique, group and team experiences as an introduction or continued development to the game.
- This is a non-contact camp.
- The campers need to bring appropriate shoes and workout clothing for the days of the camp. (Bring tennis shoes for indoor use in the event of weather.)

**Registration:** Please fill out registration and waiver form in back, along with a check to:

Jerry Macken  
2619 4th Ave E  
North St. Paul, MN 55109

**Deadline:** Please register for the camp prior to **July 15th**. Walk-up registration will be accepted on a space available basis.

**Questions/Concerns:** Jerry Macken Asst. Football Coach / Camp Director at 651-696-3348 or email [gmacken@c-dh.org](mailto:gmacken@c-dh.org)

**Please Use Registration Form In Back Of Booklet**