

Northern Heat / CDH Volleyball Camps

Session 1: Monday - Thursday, July 20-23, Girls entering grades 9-12, 9am-12pm

Session 2: Monday - Thursday, July 20-23, Girls entering grades 4-8, 1pm-3pm

Session 3: Monday - Thursday, July 27-30, Girls entering grades 9-12, 9am-12pm

Session 4: Monday - Thursday, July 27-30, Girls entering grades 4-8, 1pm-3pm

Cost: Grades 4-8 \$55
Grades 9-12 \$75

Location: Cretin-Derham Hall's Field House Gymnasium

Instructor: CDH Volleyball Coach Rick Kuehlwein

Format:

- Campers will learn the skills of volleyball knowledge and techniques
- Drills will be taught by coaches
- Volleyballs will be provided



Registration: Sign up early, camps fill fast. Please specify which session you will be attending.

T- Shirts for all who pre-register (Adult Sizes, select on registration form.)

Please send the registration form in back, along with payment to:

Northern Heat
1817 Evergreen Drive
Woodbury, MN 55125

Questions/Concerns:

Northern Heat at 651-731-4333

Web-site: northernheat.org

Please Use Registration Form In Back Of Booklet